2022 has been a transformative year for YASU! We have exceeded expectations for programming, attendance, fundraising and financial support. Our impact is measured in the number of survivors and co-survivors who are provided a break from everyday stress, fears, and anxiety and given an uplifting experience with peer support at no cost to them.

YASU
P.O. Box 65
Allison Park, PA 15101
2022 AT A GLANCE

YASU MEMBERS
551 MEMBERS
40% MEMBERSHIP GROWTH
230 MEMBERS OUTSIDE OF PA

RAE OF HOPE
36 RESPITE TRIPS
FINANCIAL ASSISTANCE
$36,100 FUNDING FOR BASIC NEEDS

SUPPORT PROGRAMS
134 SUPPORT GROUP SESSIONS
11 SOCIAL OUTINGS
102 SELF-LOVE WORKSHOP ATTENDEES

EVENTS
GOLF OUTING (SOLD OUT!)
INAUGURAL YOUNG ADULT CANCER CAMP
WIG OUT (SOLD OUT!)
YASU was established in 2019 to better respond to the needs of young adult (YA) cancer survivors. Our programming is designed to be a comprehensive care model that provides age-appropriate emotional, social, and financial support to YA cancer survivors and their co-survivors.

This year we have provided support groups, both virtual and in-person socials, financial assistance, and workshops supporting mental health. In addition to programming, our organization aims to address gaps in knowledge of the needs of young adult survivors and improve outcomes. We also made respite trips for individuals possible through our Rae of Hope program and held our first ever Cancer Camp in partnership with Elephants & Tea.

The resiliency and strength of our survivors inspire us to continue to empower their capacity to cope and thrive through adversity. We look forward to a phenomenal 2023!
IMPACT ON SURVIVORS

In the fall of 2022, a survey was sent to all YASU members to understand how our programs and support impact the emotional, financial, and social needs of our survivors.

MEETING EMOTIONAL NEEDS

Our survivors navigate cancer at an already complex time in their lives. This year, over 100 support groups met to share coping strategies and build a peer community. Our Self-Love Workshops created a safe space to share and provided them with the tools to develop greater self-acceptance, process their cancer experience and develop deeper support relationships. And our Rae of Hope Program provided escape from daily stresses through respite trips.

MEETING FINANCIAL NEEDS

Young adult cancer survivors often manage a high burden of financial worry. This year, YASU provided over $36,000 in basic needs assistance to those in financial distress. Over 30% of members who responded to our survey said that their financial burden was eased completely through support from YASU.

MEETING SOCIAL NEEDS

Relationships with cancer peers allow young adult cancer survivors to have a shared experience, increase understanding, and foster deep and meaningful friendships.
"Since joining, I know that I am not alone in facing the unknowns of my diagnosis. There are others that are also experiencing similar socioeconomic, emotional, physical and other types of issues as I am. As much of a doozy as that is, at least I know someone can be of immense benefit because they similarly know the same struggles I am going through."

"Without YASU, I couldn't do it without them and for where I am today. They mean the whole world to me."

"I was able to find comfort and understanding in a time that I needed it the most and have since made lifelong friendships."

“There's nothing like YASU to help young adult cancer survivors, with what feels like astronomical challenges from having small children, to student loans to managing mortgages and other debts, etc. I am grateful every day to have found this group!”