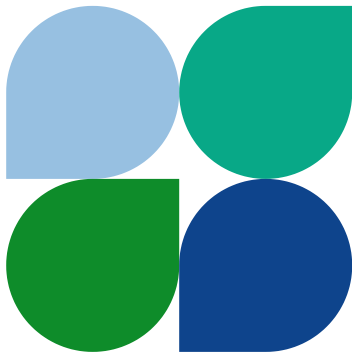




# IMPACT EVALUATION RESULTS - 2022

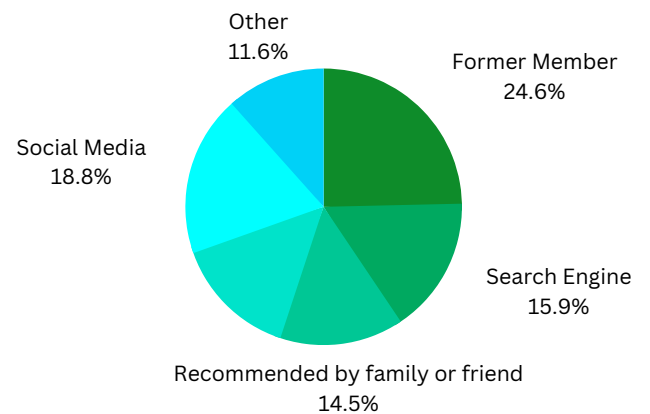


## UNDERSTANDING IMPACT

In the fall of 2022, a survey was sent to all YASU members to evaluate the impact of our programming on our survivors. Of the 69 respondents, the results show an overwhelmingly positive effect from programming and membership. The results shared in this report, encapsulate individual expectations upon joining YASU, their experience and level of participation, and how YASU programming has impacted their quality of life.

While YASU members tend to learn about our programs through former members, many also find us through social media, family and/or friends, and health care providers. As we continue to grow, we aim to increase awareness of programs which meet the unique needs of young adult cancer survivors.

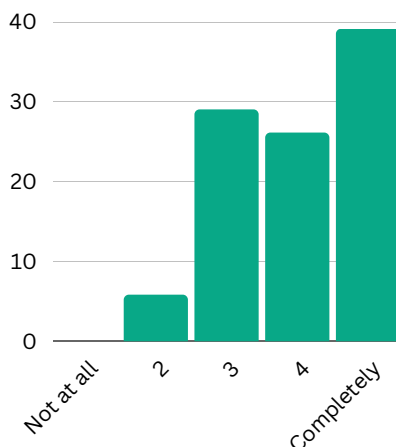
## HOW DID YOU HEAR ABOUT YASU?



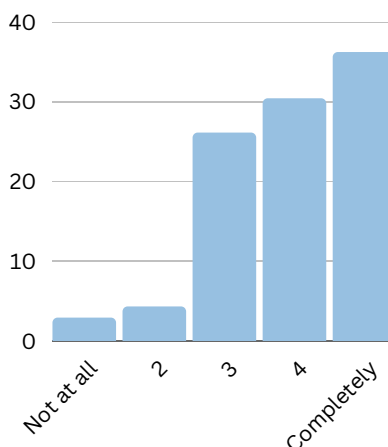
When new members join YASU, many have high expectations for emotional and social support to help them cope with the challenges they face. Less expect to find opportunities for financial support through YASU's programming.

## EXPECTATIONS OF YASU MEMBERSHIP

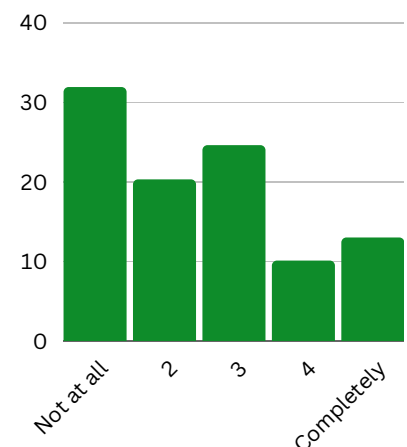
### EMOTIONAL SUPPORT

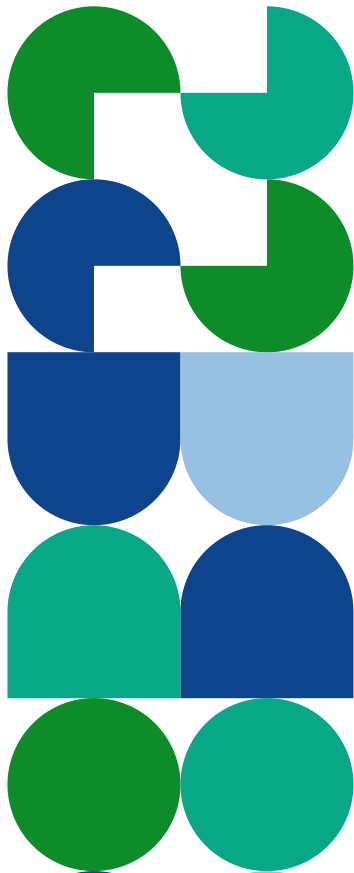


### SOCIAL SUPPORT



### FINANCIAL SUPPORT

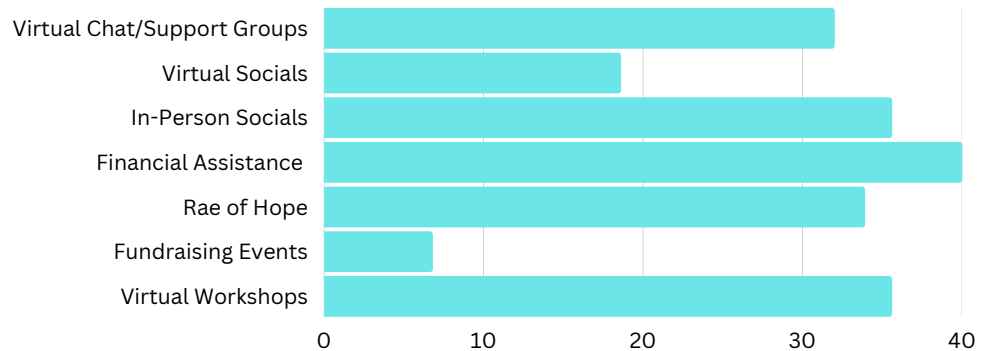




## PROGRAMMING

The need for psychosocial and support services tend to be broader in scope and intensity because of the many emotional, developmental, and social changes and transitions that occur during this stage of life. Our programs offer each individual significant support. In person and virtual social programs allow members to develop deep relationships with people who have shared experience, support groups offer coping mechanisms and a sounding board with professionals, and virtual workshops offer introspection and self-advocacy.

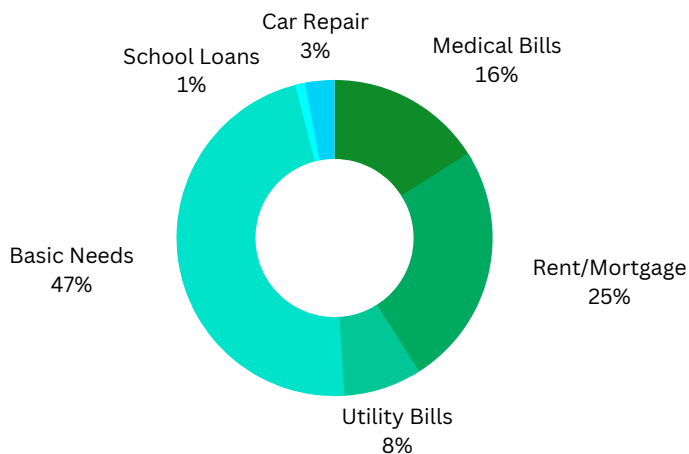
### MOST BENEFICIAL PROGRAMS



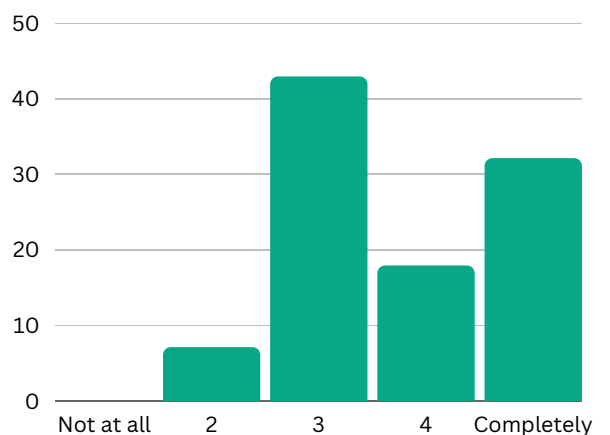
## FINANCIAL ASSISTANCE PROGRAM

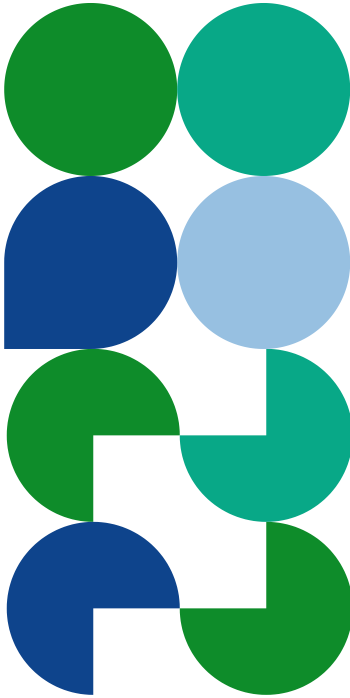
Financial toxicity is among the greatest stressors for young adult cancer survivors & many face food insecurity as they grapple with the costs of medical bills in addition to utility bills, home, & family care costs. In 2022, \$36,100 was distributed directly to YASU members in the form of gift cards and grants to offset costs and reduce stress. Over 30% of members who responded to our survey said that their financial burden was eased completely through support from YASU.

### USE OF FUNDS



### EASING THE FINANCIAL BURDEN

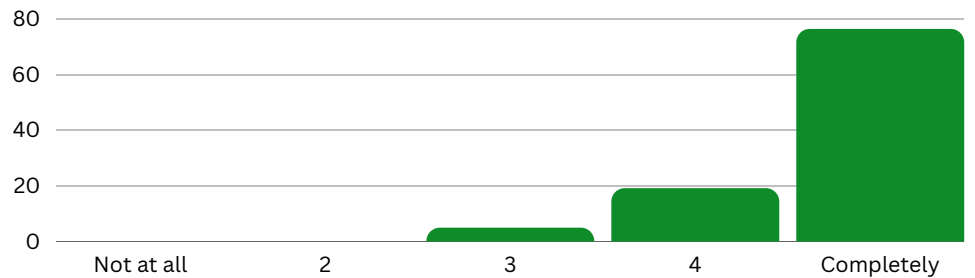




# RAE OF HOPE RESPITE EXPERIENCE

The Rae of Hope respite program offers members and family members a momentary reprieve from the stress and worries of their diagnosis. Based on survey results, most new members do not know about the Rae of Hope program when they join YASU, but its impact is great for those who are given the opportunity to rest and recharge. Over 75% of respondents said that the Rae of Hope program completely met their expectations.

## MEETING RESPITE EXPECTATIONS



**KRIS, MARCH 2022**  
**BUHL MANSION GUESTHOUSE AND SPA**  
**TWO-NIGHT STAY AND MASSAGE**



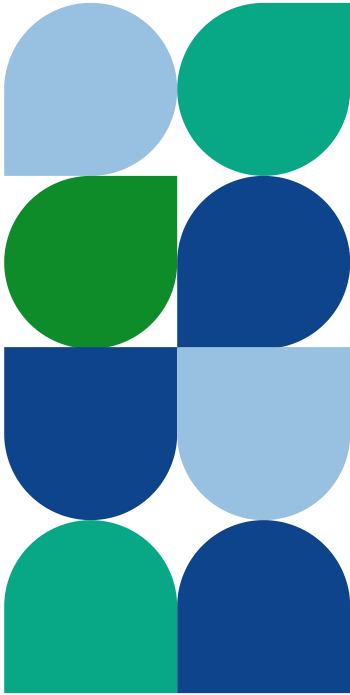
**DANIELLE, OCTOBER 2022**  
**SPLASH LAGOON, ERIE, PA**  
**TWO NIGHTS AT HAWTHORN SUITES AND TWO**  
**DAYS OF PASSES TO SPLASH LAGOON WITH DINING**



**JUAN, SEPTEMBER 2022**  
**HOTEL WASHINGTON, WASHINGTON, D.C.**  
**OVERNIGHT STAY AND SPA SERVICES**



**SHANNON, JULY 2022**  
**NEW KIDS ON THE BLOCK VIP CONCERT TICKETS,**  
**OVERNIGHT STAY AT CAMBRIA HOTEL**



## LOOKING TO THE FUTURE

YA cancer survivors inform every element of YASU's work. Our organization regularly conducts program-based assessments designed by healthcare professionals and researchers that aim to elicit feedback on existing programs, gauge effectiveness, and to learn about unmet needs. In addition to assessments, we engage our members in conversations during our programs and events to gain their perspective on whether YASU is effectively meeting their needs. As we look to the future, we hope to expand the ways in which to gain insight into how our programs meet needs and improve the outcomes of not only our members, but the greater community of young adult cancer survivors.

## BECAUSE OF YASU...

I don't feel alone because I have cancer.

I have a space to be seen.

I know I have a place to turn when things get rough!

I didn't have to go through my fight alone

I've able to accept my diagnosis. The support really helps tremendously, and the socialization makes me feel super connected with the community.

I was able to pay some of my medical bills.

I am able to spend time with others 'who get it' which is a blessing. I get to be my authentic self and not have to put on a brave face.

I feel heard and understood about my young adult cancer survivorship, and I'm so grateful that I have this organization in my life.

I have a reason to keep fighting!

There's a place where we can talk freely about what we have overcome and the hardships that have followed while going through cancer treatments.

I've been able to worry less and can always connect with others who can relate to how I'm feeling.

I am able to survive and thrive! YASU gave me the emotional support I needed that only other YA cancer patients or survivors could give.